



AFRAA ASFAQUE

also known as Afsara Asfaque on official certificates

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MD Candidate, Year 4 · Gulf Medical University, Ajman, UAE

Personal Statement

I am a fourth-year MD student at Gulf Medical University with a growing portfolio of community health engagement, clinical observation, and early research experience across the UAE. Over the past three years I have moved from volunteering at public awareness campaigns to organizing one myself, from observing patient care to directly conducting health screenings, and most recently to co-authoring and presenting original research at GMU Research Day. What ties these experiences together is a consistent interest in the practical, human side of medicine - how health information actually reaches people, how care is delivered outside the hospital as much as inside it, and how evidence gets built and communicated responsibly. I am currently keeping my specialty interest open, using clinical exposure like my pediatric observership and hands-on public health work to inform that decision, while building the research and professional foundations, including Good Clinical Practice certification, CME-accredited conference attendance, and peer-tutoring training, that I expect to matter regardless of where I specialize.

Education

Doctor of Medicine (MD), Year 4

Gulf Medical University, Ajman, UAE · 2023
– Present

Pre-University Schooling

G D Goenka Public School, Surat, India

Languages

Hindi

English

Native

Fluent

Software & Technical

Microsoft Word

PowerPoint

Excel

EMR Systems

Research Poster Design

EMR exposure gained during clinical observership

Clinical & Practical Skills

- Blood pressure measurement
- Basic health screening intake
- Patient history-taking
- Good Clinical Practice (GCP) standards

Interpersonal & Organizational

- Peer tutoring & facilitation (PAL-trained)
- Community health event coordination

Research & Academic Experience

Poster Presentation - GMU Research Day

Co-authored with an 8-person research team

May 2026

- “The Gut-Diet-Mind Relationship: A Cross-Sectional Study Among Adults in the UAE” - co-authored and presented original research.
- Awarded a Certificate of Appreciation by the Thumbay Research Institute for Precision Medicine and Gulf Medical University.

SGH Neuroscience Conference 2026

Saudi German Hospital, Dubai

Apr 2026

- Full-day, DHA-accredited conference (Accreditation No. DHA/MTS/ACC/26-1099/A); earned 6 CME Credit Points.

Good Clinical Practice (GCP) Certification

NIDA Clinical Trials Network

Apr 2026

- Six-hour course covering Institutional Review Boards, informed consent, participant safety, research misconduct, and clinical trial documentation standards.

Attendee, GMU Research Day

Student & faculty research presentations

Apr 2025

- Engaged with student and faculty research presentations and poster sessions across the two-day event.

Attendee, International Conference on AI in Healthcare

“Transforming Healthcare with Artificial Intelligence”

Apr 2024

- Conference on AI applications in clinical practice.

Clinical Experience

Clinical Observership - Dr. A. A. Chamadiya Children Clinic

Under Dr. Akim Chamadya, Consulting Pediatrician

Jun – Jul 2025

- 4-week pediatric outpatient observership with exposure to OPD consultations, differential diagnosis discussion, EMR use, and patient counseling.
- Supervisor noted professionalism, punctuality, and respect for patient confidentiality.

Community Health Screening - NCD Health Promotion, Ajman Entrepreneurship Week

College of Medicine

Feb 2026

- Ran a public health screening booth on non-communicable disease prevention.

Health Screening Volunteer - GoTriage Health Awareness Camp

Sharjah Container Terminal, with GoTriage.com

Oct 2024

- Conducted health assessment intake for dockworkers.

- Cross-functional team collaboration on research projects

Professional Development

- "Internship with Impact": Gateway to Radiographers UAE Licensing Procedures
Apr 2025
- "Academic Procrastination, Stress and its Mitigating Strategies" Workshop
Apr 2025
- GMU Fire and Safety Orientation
Sep 2023

Activity Overview

Logged extracurricular & scholarly entries, 2023–2026 (self-tracked portfolio)

Patient Care & Advocacy	8
Evidence-Based Research	5
Social Accountability	5
Collaboration & Leadership	2
Self & Profession Dev.	2
Health System Awareness	1
Clinical Observership	1

Blood Pressure Screening Volunteer - World Health Day 2025

GMU College of Medicine

Apr 2025

- Staffed a blood pressure screening station and distributed diabetes education materials.

Community Engagement & Public Health Outreach

- Event Organizer - World Diabetes Day, GMU (Nov 2023)
- Pinktober 2023: Breast Cancer Awareness Program, GMU Ajman (Oct 2023)
- National HIV Control Program - "Know For Your Health" (Feb 2025)
- World Kidney Day, GMU (Apr 2024)
- World Tuberculosis Day, GMU (Mar 2024)
- World Cancer Day, GMU (Feb 2024)
- World Oral Health Day, GMU (Mar 2024)
- Oral Wellness and Dental Hygiene Open Day, GMU (Oct 2023)
- National Hand Hygiene Week, GMU (Dec 2023)
- Organ Donation Day, GMU (Oct 2023)
- Pediatric Patient Engagement Day (Nov 2023)

Leadership & Teaching

Peer-Assisted Learning (PAL) Tutor Training

College of Dentistry, GMU

Feb 2025

- Certificate of Competence - Workshop for Tutors and Admins of PAL.